

# Travel

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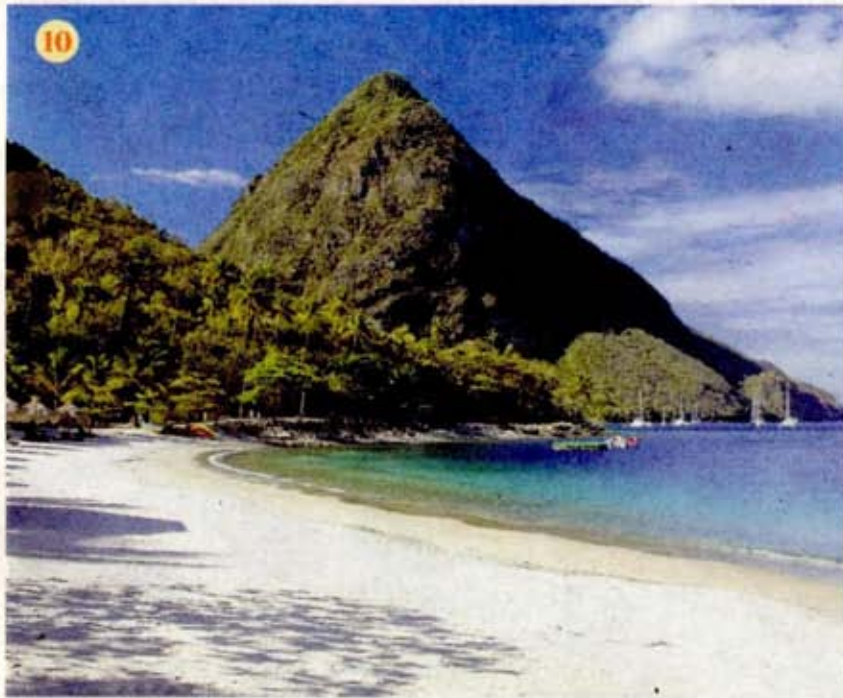
**'The physical activity and natural beauty transformed them'**

A dad-with-kids Arctic trip works wonders



Jumby Bay in Antigua (2); below, beach living at Nonsuch Bay (1)

## 22 Travel



### 3 Pigeon Beach

Settle in under the palms at Bumpkins and take in the spectacular views across to Montserrat, or cool off in the pristine sea. Pigeon Beach is a locals' favourite and, although it can be tricky to find, its quarter-mile of perfect sand is worth it. Villa Colibri is a recently renovated classic, balconied villa. It offers an open-plan living space with high ceilings, sleek stone floors, and fresh, cream bedrooms.

**Details** From £3,390 per week through SJ Villas (020-7589 4390, sjvillas.co.uk). Virgin (virgin-atlantic.com) flies from Gatwick from £615

### Barbados

#### 4 Enterprise Beach

During the week the wide expanse of sand stays relatively quiet and the western end is ideal for families, while the east has more waves. Also known as Miami Beach, it's great for shell-collecting and watching the



### 5 Gibbs Beach

Although just a stroll from more familiar beaches such as Mullins, Gibbs remains relatively tourist-free throughout the year — perhaps because there are no facilities. Situated on the west coast — where the seas are much calmer than the east — the historic town of Speightstown is just five minutes drive away. Stay at Westhaven, a plush, colonial-style villa with four airy, cream-and-floral bedrooms, and you can practically jump off the veranda straight into the sea.

**Details** From £2,100pp per week including flights and transfers through CV Travel (020-74011010, cvtravel.co.uk)

### 6 Cobblers Cove

The locals know it as Cholera Beach, but don't be put off. This gorgeous west coast bay attracts far fewer crowds than other, better-known beaches. High tide splits the beach into two; locals tend to use the northern end, while the southern is

### Grenada

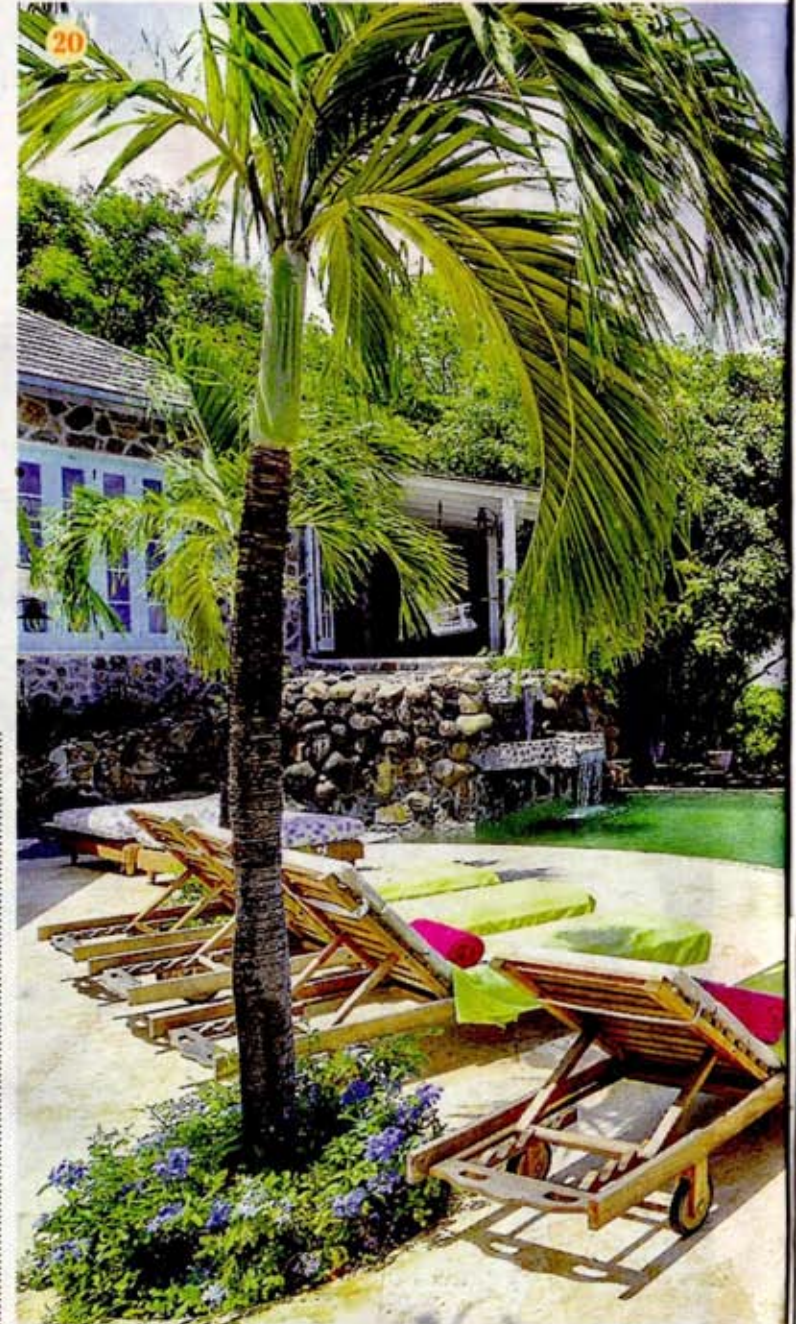
#### 7 Grand Anse Beach

Grand Anse is a glorious two-mile stretch of white sand, dotted with restaurants and watersports facilities. The shallow waters are ideal for toddlers, while the north end of the beach is home to the craft and spice market, where you can lunch on *roti* and local beers. Stay in one of the vibrant villas in the Mount Cinnamon Resort, behind the hotel, which mix clean, white decor with brightly coloured furnishings, local art and balconies with lovely sea views.

**Details** From £1,536 per week (two sharing a one-bed villa) through Caribbean Unpackaged (020-8446 8122, caribbean-unpackaged.com). BA (0844 4930787, ba.com) flies to Grenada from £648 return

### 8 Magazine Beach

This beach is often missed but it's a lovely bay offering great snorkelling and



### Tobago